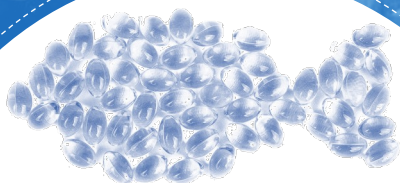




# Omega-3 Index Booster

*High CONCENTRATION of EPA/DHA*

*Boosting Health of the Endocannabinoid System & Mentanine® efficacy*



## What is Omega-3 Index Booster?

**Omega-3 Index Booster (Booster)** is a product composed of Essential Fatty Acids “EFAs” containing large amounts of **DHA** and **EPA**, extracted, purified, and highly concentrated lipids from fish oil.

Each Softgel contains:

**427mg of DHA + 298mg of EPA**

### What does Omega-3 do for your body?

Omega-3s, particularly, DHA and EPA, are nutrients you get from food (or supplements) that **help build and maintain a healthy body**. They're key to the structure of every cell wall you have. They're also an energy source and help keep your heart, lungs, blood vessels, and immune system working the way they should. DHA levels are especially high in retina (eye), brain, and sperm cells. Not only does your body need these fatty acids to function, but they also deliver some big health benefits.

**Source: The Facts on Omega-3 Fatty Acids** By **R. Morgan Griffin** Reviewed by Christine Mikstas, RD, LD on June 14, 2021

**17 Science-Based Benefits of Omega-3 Fatty Acids**  
Source: Healthline/nutrition  
<https://www.healthline.com/nutrition/17-health-benefits-of-omega-3>

### Omega-3 Index helps Fight Depression & Anxiety

Epidemiologic and case-control data suggest that increased dietary intake of omega-3 long-chain polyunsaturated fatty acids (omega3 LC-PUFAs) may be of benefit in depression. However, the results of randomized controlled trials are mixed, and controversy exists as to whether either eicosapentaenoic acid (EPA) or docosahexaenoic acid (DHA) or both are responsible for the reported benefits.

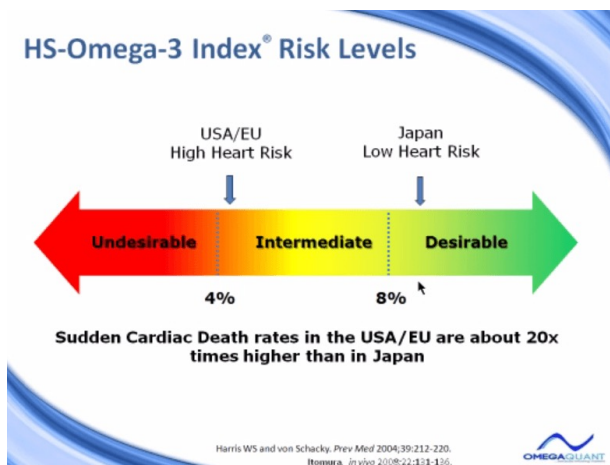
The current meta-analysis provides evidence that EPA may be more efficacious than DHA in treating depression. However, owing to the identified limitations of the included studies, larger, well-designed, randomized controlled trials of sufficient duration are needed to confirm these findings.

Source:  
<https://doi.org/10.1080/07315724.2009.10719785>

Omega-3 fatty acids are vital for optimal health. Getting them from whole foods — such as fatty fish two times per week — is the best way to ensure robust omega-3 intake.

## Omega-3 Index and the Endocannabinoid System

- Studies show that a low Omega-3 Index is associated with the deficiency of the endocannabinoid system and its receptors. Taking Omega-3 supplements and changing diet can raise the index and improve the health of the receptors of the endocannabinoid system and help to reduce other health risks.
- The Omega-3 Index reflects the relative amount of omega-3 fatty acids (EPA+DHA) within the red blood cell membranes.
- An Omega-3 Index >8% is optimal while an index of <4% may be regarded as deficient. The simplest way to improve the Omega-3 Index is to increase the intake of EPA and DHA by taking supplements and/or eating marine products rich in omega-3 fatty acids.



### Highly Concentrated Dose – consistent quality composition

- 1 Essential Fatty Acids (EFAs) with a high concentration of (DHA & EPA – Omega-3 compounds)
- 2 Efficient food-grade supply chain process – from source, lipid extraction, purification, and concentration
- 3 GMP manufacturing facility, with ISO certified processing.

### Dosage – 3,000 mg DHA & EPA daily

The four (4) capsule daily dose containing 2,900 mg of Omega-3 EFAs (DHA and EPA), taken for 90 days, should increase your Omega-3 index, thus, improving your overall health, including your receptors within your Endocannabinoid System (ESC).

Taking Omega-3 Index Booster and Mentanine® together for 90 days gradually improves the effectiveness of Mentanine®.

<https://www.ghp-news.com/about-us/>

### Test your Omega-3 Index

See the link on [www.canaqueststore.com](http://www.canaqueststore.com)  
**Mentanine®** works best when the Omega-3 Index is higher than 4%.

[info@canaqueststore.com](mailto:info@canaqueststore.com)

For Certificate of Analysis and more information visit [www.canaqueststore.com](http://www.canaqueststore.com)



CanaQuest has been named: 2022's Global Excellence Awards - **Best Medical Cannabis and Botanical Oils Product Development Company, 2022** – North America...by Global Health & Pharma, UK

CanaQuest Medical, an award-winning, life-sciences company, is focused on the drug discovery and development of next-generation targeted therapeutics within the endocannabinoid system and specific brain receptors. The Company is involved in R&D of medical formulations and delivery systems to be used in human trials in order to apply for a Drug Identification Number (DIN) from the US-FDA. CanaQuest is the industry partner for research and product development with Dr. Steven Laviolette, a professor, and neuroscientist, at Western University, London, Ontario Canada. Dr. Laviolette is a scientific veteran with 20 years of research experience in the field of mental health and cannabinoids and he oversees a dedicated team of 13 scientists.